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Buddhist Monastery



Nepal

Your new home will be an authentic Buddhist monastery. According to availability you can choose between different monasteries in or around Kathmandu. While the nearest one is just within Kathmandu, the farthest takes a 12 hour (overnight) bus ride and 4 hours of hiking to get to. Did we already say it's authentic?

We take care of the (public) transport to the monastery and back at the beginning and end of your program.

Buddhist Monastery- Standard Room

Buddhist Monastery- Private Room

 All meals included	Yes ⁽¹⁾	Yes ⁽¹⁾
 Free beverages	Yes ⁽²⁾	Yes ⁽²⁾
 Persons per room	4 - 6	1- 2
 Wifi in public areas	Yes	Yes
 Laundry facilities	Yes ⁽³⁾	Yes ⁽³⁾
 Safety box	No	No
 Lockable rooms	Yes	Yes
 Hot shower	Yes	Yes
 Private bathroom	No	No
 Bed linen	Yes	Yes
 Towels	No	No
 Mosquito protection	Yes	Yes
 Fan	Yes	Yes
 Air conditioning	No	No

(1) Three meals per day during weekdays and two per day on weekends

(2) Water, tea, coffee and milk

(3) At an additional fee



Accommodation & Food

About the Accommodation

You will be accommodated at one of the monasteries itself, sharing a room with other participants.

Food Arrangements

The meals are a mix of Western and Nepalese food, consisting mainly of vegetarian dishes including rice and vegetables. You can expect to have a chicken dish about once per week. You can also choose to eat out at any of the local restaurants.

Facilities

Our monastery is located about three kilometers away from the city center, where you can find anything you might need. The nearest ATM and supermarket are located a 15-25 minute walk away from the accommodation. But we would advise you to use the ATMs available in Kathmandu before leaving to the most farthest Monastery.

Mandatory Orientation Day

At this location there is no mandatory orientation day offered.

Activities & Events

No scheduled activities outside the program.

Sights & Surroundings

Shopping in Kathmandu is an experience itself. Thamel, Kathmandu's tourist hotspot, is where shoppers can find Nepalese, Tibetan and Indian artifacts, wood carvings, handicraft and an assortments of unique clothing and apparel. There are also several malls where you can find fashionable clothing and grocery stores, offering everything from wine to breakfast cereals. There are numerous dining options available throughout the city, including Italian, Indian, Thai, Korean and Chinese in addition to a variety of local cuisine.