



# Culture Week



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## 📍 Tanzania - Monduli

Learn more about Tanzania, create new bonds, and immerse yourself in the local culture. Enjoy your kick start week into a new country and its way of life!

This week will take you around to important locations related to Tanzania's culture and history. The week will feature orientation classes and visits to a Maasai Village and other places of interest, all which will help you integrate into the local culture and give you everything you need to settle into this developing part of the world!



## Program Description

This program is an essential way to understand Tanzania's culture and give you an opportunity to learn about its rich history. Not only will it make your trip more enjoyable, it will also help you to understand its way of life better and become familiar with the location, making any longer stay more comfortable.

The Culture Week will be packed with an introduction to local customs and traditions, do's and don'ts and language classes, as well as a walking safari to scout animals in their natural habitat. You will visit highlights of the amazing town of Monduli, which is a bustling and developing township with rich history and many places of interest such as museums, art galleries and monuments, where you'll be sure to learn more about this country's struggle for independence and progress. You will also have plenty of opportunities to explore around the town, and enjoy the scenic roads outlining the wondrous outdoors.

We're sure you'll enjoy participating in our Tanzanian cooking class and taste your own food, but don't worry, we'll have chances to dine in the local eateries and taste the local cuisine too!

## Program Duration & Availability

**Min duration (weeks):** 1

**Max duration (weeks):** 1

## Aims & Objectives

- Help you memorize helpful phrases in the local language
- Broaden your knowledge of the local customs, history and culture
- Provide a full induction, preparing you for a longer stay

# Schedule

## Monday

- Breakfast
- Introduction meeting, House rules, Setting Expectations, Health and Safety Advice and handling of documents.
- Tanzanian Do's and Don'ts, Culture introduction and country history and Intensive Swahili Language Lessons.
- Tour around the compound and local area; where to find local shops, and arrange a sim-card if necessary.
- Lunch
- Hike up the beautiful Monduli mountains (weather and time permitting)
- Dinner

## Tuesday

- Breakfast
- Visit Maasai Museum/Snake Park & Handicraft Gallery
- Lunch
- Visit local Maasai Livestock Market
- Cooking class
- Dinner (enjoy what you helped to prepare)

## Wednesday

- Breakfast
- Visit Arusha town: Cultural Heritage Art Gallery, local craft market, etc.
- Lunch
- Visit Arusha: Museum, Monuments, and supermarket
- Dinner



## Thursday

- Breakfast
- Depart for Walking Safari
- Explore local terrain and scout animals in their natural habitat
- Lunch
- Enjoy sports activities with the community or take some free time
- Dinner

## Friday

- Breakfast
- Handicrafts: Beadwork session with Maasai women - learn how to make your own jewelry!
- Lunch
- Learn Maasai dress and some Maa language
- Evaluation meeting and placement introduction/or free time
- Dinner

**This schedule can be changed and/or amended depending on weather conditions, local conditions and unforeseen circumstances.**

## Starting Dates

### During 2019

This program starts every week.

### During 2020

This program starts every week.

# Participant Criteria & Requirements

Minimum age:	-
Maximum age:	-
Minimum English level:	Basic
CRB required:	On Signup
Passport copy required:	No
Resume copy required:	No
Required qualification:	None

## Additional Requirements

There are no further requirements for this program.

# Additional Equipment

No additional equipment required.