



Sports Coach



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📍 India - Rajasthan

Help out with fun sport sessions at local schools and introduce new activities to children from rural areas.

During this program, sport is utilized to create opportunities for children to develop physically, mentally, socially and academically. With team sports such as soccer, volleyball, cricket, hockey, athletics and gymnastics, the children will gain valuable team-building skills and a sense of discipline that will be of great assistance throughout their lives.

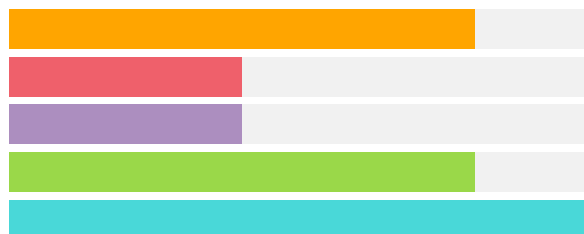
Culture

Learning

Leisure

Community Engagement

Physical Demand



Program Description

Sports coaching and health care sessions for children in the state of Udaipur are organized. The Sports Coaching project takes place at two schools in the Udaipur area. At these schools, you will add an essential element to the current sports and health curriculum for the children.

This program gives the children the opportunity to be more involved with sports. There is currently only one hour of sports lessons a week in the existing curriculum. Also, to introduce new sports to the children that they would otherwise not likely to get involved in.

The training sessions consist mainly of team sports such as soccer, volleyball, hockey, athletics, gymnastics and so on. With this program, the aim is to broaden the types of sports that these children can participate in.

Furthermore, we also give the children health lessons on personal health care and other important issues such as gender equality. All elements of the program take place on the sports field in a fun, active and interactive way. Using sports can aid the personal development of any child as it promotes social interaction, knowledge and passion which are all life skills that lead to the pathway of success.

Program Duration & Availability

Min duration (weeks): 1

Aims & Objectives

Our aim is to give children more than just sports training. We use direct sports coaching to improve the health of the children, their stamina, emotional well-being and to develop their life skills: teamwork, leadership, decision making and communication.

Schedule

Monday

On your first day of the program, you will have an orientation, to better understand your new environment and program. Our coordinators will take you to an authentic Rajasthani cultural dance concert, visit the local market, and a few supermarkets located close to our center. You can also utilize this time of the day to exchange your currency or purchase any of the essential items you might need during your stay.

Tuesday

On the second day of your first week, introduction to the local projects and program will be given through an observation time at the project site. Our coordinators will also theoretically orient and train you on the project activities onsite so as to introduce you to the project in a step-by-step manner.

Wednesday to Friday

Your time on the project will commence on Wednesday.

After breakfast, you will be transferred to the project location and meet with the local school team. You will then be introduced to the sports coach and team onsite. Here, you will receive instructions regarding the curriculum and lesson plans will be discussed.

The schedule of the program largely depends on the lesson schedule of the partner school. During school hours, you will carry out 1 to 2 training sessions. In the afternoons, around 13:00 you will provide two extra hours of after-school sessions.

This schedule can be changed and/or amended depending on weather conditions, local conditions and unforeseen circumstances.

Starting Dates

During 2019

This program starts every week.

During 2020

This program starts every week.

Participant Criteria & Requirements

Minimum age:	-
Maximum age:	-
Minimum English level:	Basic
CRB required:	On Signup
Passport copy required:	On Signup
Resume copy required:	On Signup
Required qualification:	None

Additional Requirements

- Participants below the age of 18 should have parental consent.
- Participants above the age of 65 should have medical clearance.

Additional Equipment

Dress Code

- Your clothes must not be too short, too tight or too revealing. Kindly make sure your shoulders and legs are covered.
- Dress professionally since you will be working in a professional environment while teaching the children.
- It is completely fine to wear western clothes as long as they fit the local standards
- Be thoughtful of the graphics, symbols or text printed on your clothing and avoid wearing clothing styles that might be inappropriate
- Be thoughtful to poor communities by not displaying expensive items and clothes

Other

- Any exclusive sport equipment you would like to bring along with you