

Contribute with your time and effort to improve the quality of life of the local communities of Sri Lanka.

Use this opportunity to work with less privileged families. You would be taking care of children, and of children whom you could teach basic values and education and also be spending time with the differently abled people. This program lets you come closer to the culture and people of Sri Lanka while this is your opportunity to help the needy with your time, attention, love and care.

Culture
Learning
Leisure
Community Engagement
Physical Demand

## **Program Description**

### **Childcare**

In this program, you will be assisting the staff at a local day care center for poor people. You will look after the children and engage in educational activities and games. Their duties involve helping the staff in cleaning beds, changing nappies, bed sheets, pillows and keeping the area clean and sterile. You would also help to prepare food and feed the children.

### Home for Children and Persons with Disabilities

This home for children and persons with disabilities is run by the Mother Teresa Foundation under the supervision of the Department of Probation and Childcare, Sri Lanka. The home accommodates more than 120 children, women and men with disabilities between the ages of 1 to 60 years. By joining this project, you can extend your love, support and care to all these people in need. The typical hours of working would be between 8.30 to 15.30. However, if you take part in this project, Thursdays would be project holidays. On Thursdays you may relax or you can join with another project if available.

# **Program Duration & Availability**

1

Min duration (weeks):

## **Aims & Objectives**

The project aims to give the local communities a good education and basic knowledge of good health and care in order for them to gain a better and secure future.

## **Schedule**

## **Monday to Friday**

### Childcare:

- Help the staff in cleaning beds, changing nappies, bed sheets and pillows.
- Keep the area clean and sterile.
- Play games with the children
- Engage in educational activities

#### Home for the Children and Persons with Disabilities:

- Cleaning the surroundings
- Supporting staff with the available activities
- Engaging in recreational activities with children
- Treating all the residents with love and care
- Feeding the residents

This schedule can be changed and/or amended depending on weather conditions, local conditions and unforeseen circumstances.

# **Starting Dates**

## During 2019

This program starts every week.

## During 2020

This program starts every week.

# **Participant Criteria & Requirements**

Minimum age: -

Maximum age:

Minimum English level: Basic

**CRB required:** On Signup **Passport copy required:** On Signup

**Resume copy required:** No **Required qualification:** None

### **Additional Requirements**

- Participants below the age of 18 should have parental consent.
- Participants above the age of 65 should have medical clearance.

# **Additional Equipment**

• There are no specific equipments. However, if you like to donate any items you think as useful for the above projects, you are more than welcome to bring those with you.