



# Sports Coaching



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## 📍 Cambodia - Samraong

Become a sports coach in Cambodia and introduce new activities that promote a healthy lifestyle to local school students!

During this program, you will coach children between the ages of 10-13 years in order to help them develop their social, physical and mental skills. The children will learn valuable team building skills and a sense of discipline, that will assist them greatly throughout their lives.

Culture



Learning



Leisure



Community Engagement



Physical Demand



## Program Description

During this program, you will teach the children team sport, mainly football (soccer) in a local school located 20-25 minutes away from the accommodation by bike. You will be teaching children from the local football team, so a love for football, accompanied with some football knowledge and/or experience, and team management skills will be needed!

The coaching sessions should be both technical and practical. Your coordinator will share ideas, but you are expected to bring a go-to attitude and lead your group with drills, ideas and fitness exercises.

Keep in mind that equipment may be limited and not exactly what you may be used to, so you may need to be resourceful and creative!

With this program, we are aiming to broaden the social and athletic skills that these children have through participation in sport activities. These new skill and lessons will foster the development important life skills.

## Program Duration & Availability

**Min duration (weeks):** 1

## Aims & Objectives

- Develop life skills and improve the fitness of children, through sport activities
- Provide invaluable and practical experience in coaching
- Develop leadership, teamwork and creativity skills through managing the sport group

## Schedule

### Monday to Friday

You can expect to work 6 hours per day. You will coach students in two 3 hour sessions, one in the morning and the other in the afternoon. The morning session runs from 08:00 - 11:00 and the afternoon session from 14:00 - 17:00. You will have a lunch break in between sessions.

**This schedule can be changed and/or amended depending on weather conditions, local conditions and unforeseen circumstances.**

## Starting Dates

### During 2019

This program starts every week.

### During 2020

This program starts every week.

## Participant Criteria & Requirements

<b>Minimum age:</b>	18
<b>Maximum age:</b>	-
<b>Minimum English level:</b>	Basic
<b>CRB required:</b>	On Signup
<b>Passport copy required:</b>	No
<b>Resume copy required:</b>	No
<b>Required qualification:</b>	Football Experience

## **Additional Requirements**

- Some knowledge, experience or qualification in football or sports coaching

## **Additional Equipment**

- Optional: You are more than welcome to bring teaching materials/resources for your lessons!