

Explore Thailand from the central plains to the northern highlands on this week-long expedition filled with varied activities!

Throughout the week, you will get to experience traditional Thai farming, take part in Buddhist teachings at a monastery by authentic Thai Monks, teach at a local school, visit an Elephant Conservation Center, wander around the backpacker hub that is Chiang Mai and much more!

Culture
Learning
Leisure
Community Engagement
Physical Demand

Program Description

This program is designed to give you a full insight into the culture and local customs of the northern Thai people. Through traveling and helping in local projects, you will get to fully experience this gorgeous part of Thailand. During the expedition, you will learn about Thai Buddhism from monks at an authentic monastery, visit the "big giants" at an Elephant Conservation Center, explore Chiang Mai, teach at a local school and much more!

Mostly Thai style dishes will be served during the trip. This means that the meals will consist of mostly rice and noodles. There will usually be some vegetables and some meat in these dishes, but vegetarian options can be arranged as well. We do not offer Western style meals, but you can feel free to supplement the menu at your own cost to include any of your favorite dishes.

Program Duration & Availability

1

Min duration (weeks):

Aims & Objectives

We aim to show you the best northern Thailand has to offer. From the bustle and hustle of Chiang Mai to secluded rural areas and more!

Schedule

Monday

- Breakfast at the Singburi center
- Transfer to Lopburi bus station
- Lunch in Chum Saeng
- Introduction at the homestay
- Dinner
- Small Thai welcome BBQ in the evening
- Overnight stay at the homestay (fan, cold water & no Wi-Fi)

Tuesday

- Breakfast at the homestay
- Thai traditional farming/agriculture activity
- Lunch at the homestay
- Train from Chum Saeng to Uttaradit (4 hour ride, no air-con)
- Check in at the hotel in Uttaradit
- Visit to Hero Monument.
- Dinner at a local Thai restaurant
- Overnight stay at the hotel in Uttaradit (hot water, aircon & Wi-Fi)

Wednesday

- Breakfast at the school
- Teaching at Tungkalo school
- Lunch at a local Thai restaurant
- An educational visit to Tungyang Temple to learn about Buddhism by the Monks and assist the Monks with cleaning of the temple premises
- A visit to the local shopping center
- Dinner at the shopping center
- Overnight stay at the hotel in Uttaradit (hot water, aircon & Wi-Fi)

Thursday

- Breakfast at the hotel
- Train from Uttaradit to Lampang, with very nice mountain landscapes en route (3 hours, no air-con).
- Check in at the hotel in Lampang
- Have lunch at local Thai restaurant
- A visit to an old Burmese Temple, where you will learn about Buddhism by the Monks and assist the Monks with cleaning of the temple premises
- A visit to the local market
- Dinner at the local market
- Overnight stay at the hotel in Lampang (hot water, aircon & Wi-Fi)

Friday

- Breakfast across the hotel in a local Thai restaurant
- A visit to the Elephant Conservation Center in Lampang to about elephant care
- Lunch at a local market where you can buy souvenirs
- After lunch take the train to Chiang Mai
- Dinner at a local Thai restaurant in Chiang Mai
- Train from Lampang to Chiang Mai (2 hours and 15 minutes, with no air-con)
- Visit famous Chiang Mai Night Bazaar
- Overnight stay at the hotel in Chiang Mai (hot water, air-con & Wi-Fi)

Saturday

- Breakfast at a local restaurant in Chiang Mai
- An educational and cultural excursion to Doi Pui villages, Hill tribe people
- A visit to Doi Suthep Mountain and Wat Phrathat temple
- Lunch at a local restaurant in Chiang Mai
- During the afternoon: free time in Chiang Mai
- Early evening: pick up the bags at the hotel and go to the bus station
- Have dinner at Chiang Mai bus station
- Overnight bus from Chiang Mai to Singburi to continue further programs or directly to Bangkok.

This schedule can be changed and/or amended depending on weather conditions, local conditions and unforeseen circumstances.

Starting Dates

During 2019

This program starts every week.

During 2020

This program starts every week.

Participant Criteria & Requirements

Minimum age:

Maximum age: -

Minimum English level: Basic

CRB required: On Signup

Passport copy required:NoResume copy required:NoRequired qualification:None

Additional Requirements

There are no further requirements for this program.

Additional Equipment

• The temperature can cool down a lot during the evening and night in this area of Thailand. Please bring some warm clothes with you