



Ghana

Accra is the capital and largest city in Ghana, with a population of over two million. Accra stretches along the Ghanaian Atlantic coast and extends north. Our accommodation is located in Teshie, a coastal suburban town on the east side of Accra. It is a quickly growing suburb that's getting bigger and bigger every day. Teshie is rich in its diversity and has its own train station for easy transport.

	Accra
All meals included	Yes
■ Free beverages	Yes (1)
Persons per room	2 -14
Wifi in public areas	No ⁽²⁾
□ Laundry facilities	Yes (3)
■ Safety box	Yes
Q , Lockable rooms	No
★ Hot shower	No
Private bathroom	No
& Bed linen	Yes
≋ Fan	Yes ⁽⁴⁾

⁽¹⁾ Drinking water

(4) Air conditioning may be available at night for an additional charge

⁽²⁾ There are internet cafes within a 20 minute walk. A personal SIM card is recommended.

⁽³⁾ Expect to wash your clothes by hand or pay a small fee to locals for this service.

Accommodation & Food

About the Accommodation

During your stay here in Ghana you will be accommodated at our center here in Accra. The accommodation is located within a gated community. Rooms are generally dorm style and are separated between male and female. Programs are located about 20 - 40 minutes away from the house and participants are responsible for their own transportation costs to and fro. Staff remains on site 7 days a week to assist participants.

Food Arrangements

Typical Ghanaian dishes mixed with western food will be served at the accommodation. Typical ghanaian food includes rice dishes, beans, fruits, vegetables, chicken, beef and fish.

Facilities

It is close to all amenities with the closest shops within a 15-20 minute walk. ATM is 15 minutes away by taxi. Restaurants and bars are 20 minute taxi ride.

Mandatory Orientation Day

On the Monday of your first week at this location, you will join our orientation day, to familiarize you with the surroundings as well as local culture. Your program will continue as usual from Tuesday onward throughout the rest of the week.

Schedule

- Introduction meeting, House rules, Setting Expectations, Health and Safety Advice and handling of documents.
- Ghanian Do's and Don'ts, Ghanian Culture Lessons and Language Lessons.
- Tour around the local area
- Drive into Accra to visit the museum and craft market, Independence Square and Oxford street.
- Visit local shops and amenities.
- Lunch
- Meet some of our academy athletes at our training center, help with our after school programme or visit the community children we support with our programs.

Activities & Events

No scheduled activities outside the program.

Sights & Surroundings

Cape Coast

Lake Volta

Elmina Castle

Manhyia Palace

National Museum of Ghana

Kwame Nkrumah National Park

Accra Mall

Bojo Beach

Aburi Botanical Gardens