



# Phan Thiet Food Shop

Vietnam, Phan Thiet

## Quick Overview

Help cook and serve meals at this vibrant food shop, providing healthy, yet cheap meals to locals in need.

The food shop is run by a local family who has made it their mission to provide affordable and tasty meals to the community. It is open seven days a week and the family works up to fifteen hours a day to prepare breakfast and lunch for the people of this coastal city. The program goal is for participants to assist this food shop in a manner that ensures meals remain low-cost and available.

## Pricing

Since 2017-10-01: 5 points

Since 2018-01-01: 6 points

## Program Characteristics

Culture: 2

Learning: 2

Leisure: 3

Community engagement: 5

Physical demand: 3

## Program Duration & Availability

Min duration (weeks): 1

Max duration (weeks): -

Available from: 2017-10-01

Available until: 2019-05-28

Bookable until: 2019-05-28

**Confirm availability:** -

## Program Description

You will be working in a small food shop which opened in the summer of 2017. It is privately owned by a local family who has realized their own dream, of providing affordable and healthy meals to low income citizens in the area. Most often these are the elderly, students, and others with limited means.

With the financial support of a daughter that resides in England, the shop is able to offer a full meal for a reduced price of 5000 Vietnamese Dong (about \$0.20) seven days a week. The food served is vegetarian and usually sold as take-aways. On an average day, 20 kilos of rice is served to roughly 300 customers. During special Lunar observances, upwards of 60 kilos of rice may be purchased at the food shop, along with other dishes and typical Vietnamese snacks.

The vibe within the food shop is extremely social and welcoming, which means that you will enjoy your time here as you work hard to support this program. Daily tasks for participants include helping to make breakfast and lunch, which includes all of the food preparation (cutting vegetables, frying foods, etc.), food service and kitchen clean up.

## Aims & Objectives

- Assist the local staff by providing an extra hand to support the food shop program
- Develop your teamwork and skills through hands on activity
- Broaden your perspective to others that may not be as fortunate
- Engage with other community members to provide a valuable service

## Add-on: +Learning

There is no +Learning add-on available for this program.

## Schedule

### Monday to Friday

- Breakfast
- Depart for the food shop around 7AM
- Assist in the preparation of food, cooking, cleaning the area and serving food
- Lunch at the foodshop
- Back to the accommodation
- Free time during the afternoon

- Dinner

**\*\*\*This schedule can be changed and/or amended depending on weather conditions, local conditions and unforeseen circumstances.\*\*\***

## Starting Dates

### During 2019

This program starts every week.

### During 2020

This program starts every week.

## Participant Criteria & Requirements

### Standard Requirements

Minimum age:	-
Maximum age:	-
Minimum English level:	Basic
CRB required:	On Signup
Passport copy required:	On Arrival
Resume copy required:	No
Required qualification:	None

### Additional Requirements

There are no further requirements for this program.

## Additional Equipment

There are no further requirements for this program.

## On Social Media

Facebook: -

## Tags

Adventure: No

<b>Agriculture:</b>	No
<b>Archeology:</b>	No
<b>Art and Craft:</b>	No
<b>Beach:</b>	No
<b>Camping:</b>	No
<b>Community:</b>	Yes
<b>Conservation:</b>	No
<b>Construction:</b>	No
<b>Cultural:</b>	No
<b>Cycling:</b>	No
<b>Environmental:</b>	No
<b>Internship:</b>	No
<b>Language Learning:</b>	No
<b>Marine Life:</b>	No
<b>Medical and Healthcare:</b>	No
<b>Outdoor:</b>	No
<b>Rail Journey:</b>	No
<b>Renovation:</b>	No
<b>Road Trip:</b>	No
<b>Safari:</b>	No
<b>Sports:</b>	No
<b>OK for Groups:</b>	Yes
<b>OK for Young Families:</b>	No
<b>Teaching:</b>	No
<b>Walking:</b>	No
<b>Wildlife:</b>	No
<b>Work with Adults:</b>	Yes
<b>Work with Elderly:</b>	No
<b>Work with Kids:</b>	No
<b>Work with Disabled:</b>	No
<b>Yoga and Meditation:</b>	No