



# Village Healthcare

Rwanda, Kigali

## Quick Overview

This program offers an exceptional chance to participate in health care information sessions or, for those who meet the qualifications, to engage in a more immersive clinical experience in a rural region of Rwanda. By taking part in health-focused activities at a local clinic in rural Kigali, you can contribute to promoting better understanding of hygiene, health, and nutrition practices. As a professional, you will have the opportunity to assist local healthcare teams in their efforts to provide Prenatal, Maternity, and Postpartum care to the community. This is an excellent opportunity to share your knowledge creatively while contributing to the improvement of healthcare in a rural area of Rwanda.

## Program Description

You have been selected to work at a local clinic in Rwanda that provides primary healthcare services to the community, with a focus on pregnant women. Your main responsibility will be to support the medical team and organize basic healthcare information sessions for community members who come to the clinic for services. Your specific duties will depend on your qualifications and may range from arranging informal classes for children, teenagers, and occasionally adults on various health topics to providing practical assistance to the medical staff.

As Rwanda is a developing country that is still recovering from the effects of its own civil war and the genocide that claimed a large portion of its population, people in small rural villages often lack basic knowledge of hygiene, nutrition, and how to maintain good health. Therefore, you will be teaching them the basics, such as proper hand washing, toilet use, showering techniques, and teeth brushing, as well as the benefits of healthy eating.

In addition to improving their health knowledge, our goal is to help the community members practice English by interacting with foreigners. Although English is widely spoken in Rwanda and has recently been declared an official language, its usage in rural areas is not optimal due to the many other languages spoken in the country. Learning English can have a significant impact on the future prospects of community members, and we are committed to supporting their language acquisition through regular interaction and practice.

## Add-on: +Learning

There is no +Learning add-on available for this program.

## Aims & Objectives

- Educate community members with health and language classes and provide nutrition information
- Give you practical experience in teaching
- Assist the program staff with extra hands

## Schedule

### Monday to Friday

You will be working for 4-6 hours each day, this includes arranging activities and preparing the activities for the next day. There will be a variety of activities where you will assist based upon your own skills, abilities and level of knowledge. There may be occasions where there will be some healthcare related community outreach done that may require walking 10-30 minutes. Below is what a typical day might look like:

- Breakfast
- Arranging activities at the clinic and engaging in community interaction
- Assisting medical staff in different departments with intakes and information gathering
- Lunch
- Arranging activities/Making healthcare presentations at the clinic or in the community
- Preparing activities for the following day
- Dinner

**\*\*\*This schedule can be changed and/or amended depending on weather conditions, local conditions and unforeseen circumstances.\*\*\***

**\*\*\*This program is replaced by special classes during school holidays\*\*\***

## Starting Dates

### During 2023

This program starts every week.

### During 2024

This program starts every week.

## Participant Criteria & Requirements

### Standard Requirements

<b>Minimum age:</b>	18
<b>Maximum age:</b>	50
<b>Minimum English level:</b>	Basic
<b>CRB required:</b>	On Signup
<b>Passport copy required:</b>	No
<b>Resume copy required:</b>	On Arrival
<b>Required qualification:</b>	None

### Additional Requirements

This program does not have any additional prerequisites or conditions for participation. However, individuals who are interested in taking a more active role in the delivery of medical services are encouraged to submit their credentials for review. Such credentials should provide a detailed overview of the individual's training and qualifications, and will be assessed on a case-by-case basis to determine suitability for the intended role.

### Additional Equipment

- Modest clothing - covering your shoulders and legs for all interactions at clinic and in the community
- You are more than welcome to bring teaching materials/resources for your training sessions and English lessons!