

Get your hands dirty on an organic farm or in local school gardens as you learn how to grow vegetables organically.

Learn the importance of food security and methods of sustainability, as you lend your efforts to programs designed to engage young people in the tenets of organic farming by planting, watering, cleaning and harvesting different crops in order to support healthier, more organic living.

Culture

Learning

Leisure

Community Engagement

Physical Demand

# **Program Description**

You will be assisting with a program that shares the benefits of organic farming with local growers and students at area schools. You will grow different kinds of vegetables such as tomatoes, carrots, cabbage, eggplants, peanuts, and spinach. Your day-to-day tasks will vary depending on the needs at the time, but you can expect to be involved in aspects of planting, watering, harvesting and/or cleaning the crops. Your program will assist community members and students with limited garden space and resources in learning how to recycle items such as pots and bottles to grow their own food, as well as other practices such as permaculture to increase food security in a sustainable way.

## **Program Duration & Availability**

Min duration (weeks):

## **Aims & Objectives**

- Support local villagers with nutritious food, promote organic farming and self-sustainability
- Gain a hands-on experience of organic farming practices in Rwanda
- Assist the program staff with extra hands

### Schedule

#### **Monday to Friday**

You will be working for 4-6 hours daily, this includes arranging activities and preparing the activities for the next day. Some placements are nearby (10 minutes walking distance), while others are a bit further away (about 30 minutes). Below is what a typical day might look like:

- Breakfast
- Farming in the school/community area/villager's house
- Lunch
- Farming in the school/community area/villager's house
- Dinner

This schedule can be changed and/or amended depending on weather conditions, local conditions and unforeseen circumstances.

## **Starting Dates**

### During 2019

This program starts every week.

#### During 2020

This program starts every week.

## **Participant Criteria & Requirements**

Minimum age:

Maximum age: -

Minimum English level: Basic

**CRB required:** On Signup

Passport copy required:NoResume copy required:NoRequired qualification:None

#### **Additional Requirements**

There are no further requirements for this program.

## **Additional Equipment**

- Modest clothing appropriate for farming tasks and school activities. Should provide covering for your shoulders down past your knees for your time at the project
- Work gloves, sunhat and boots are suggested for farm work
- Feel free to bring any educational or recreational materials or resources that you might want to share with students or community members