



Sports Education



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📍 Uganda - Kajjansi

Become a coach in rural Uganda to promote a healthy lifestyle for local school students!

In Uganda's rural regions, schools do not provide proper sports lessons due to lack of manpower. During this program, you will coach two sports lessons per day and introduce proper training to children and teenagers at the school. Moreover, we aim to improve the English of the students through consistent practice during their training sessions.

Culture



Learning



Leisure



Community Engagement



Physical Demand



Program Description

In rural Ugandan schools, students don't have much opportunity to play sports due to the lack of trainers. The teachers often let the students out into the playground as part of their exercise classes, but there is no real proper training.

During this program, you will teach the children sport in local schools and the community. The class should be both technical and practical. You are free to choose what sport you will be teaching, this could be football, volleyball, basketball, etc. Keep in mind that equipment may be limited, so you will need to be resourceful and get creative!

Moreover, we aim to improve the English of the students through cultural exchange, which you can help provide!

Program Duration & Availability

Min duration (weeks): 1

Aims & Objectives

- Introduce proper sports training in rural schools while improving the English level of students
- Give you practical experience in teaching
- Assist the program staff with extra hands

Schedule

Monday to Friday

Below is what a typical day might look like:

- Breakfast
- First lesson
- Lunch
- Second lesson
- Back to the accommodation
- Prepare the next day's lessons / Free time
- Dinner

This schedule can be changed and/or amended depending on weather conditions, local conditions and unforeseen circumstances.

Starting Dates

During 2019

This program starts every week.

During 2020

This program starts every week.

Participant Criteria & Requirements

Minimum age:	-
Maximum age:	-
Minimum English level:	Basic
CRB required:	On Signup
Passport copy required:	No
Resume copy required:	No
Required qualification:	None

Additional Requirements

There are no further requirements for this program.

Additional Equipment

- Modest clothing - covering your shoulders down to your knees during your lessons
- You are more than welcome to bring teaching materials/resources for your class!