



# Bali Experience



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**2020-07-02**  
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📍 Indonesia - Bali

Get to see the best Bali has to offer through this three week action-packed combo that merges adventure, relaxation, culture, sightseeing, teaching and more!

Our Bali experience program is designed to get our participants fully immersed in Balinese culture. Through language lessons, cooking workshops, exploring the main sights as well as the ones off-the-beaten path, meeting the local people, lending a hand at one of our projects and many more activities, you would be able to experience Bali.

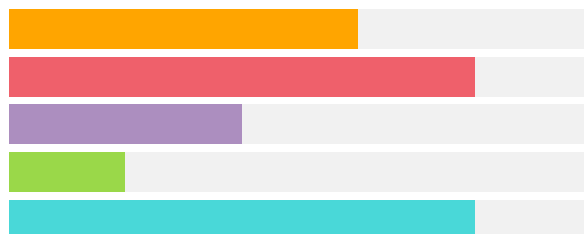
Culture

Learning

Leisure

Community Engagement

Physical Demand



## Program Description

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Our Bali experience project/road trip is one of our most popular programs and it consists of three action-packed weeks of adventure and experiences that will immerse you deeply into Balinese culture. Each week has a different theme and own charm that will help you get the most out of your time in Bali.

You will start and finish your holiday at our center in Ubud enjoying the town, wandering around the markets, trekking in the stunning area with a relaxing Balinese massage to ease tired muscles, indulging in the best Bali offers through cultural visits, meeting locals and giving back to the community by helping out in some of our projects.

On your second week during the project phase you will have the opportunity to either work at the local kindergarten, on the environmental project, or at the health care project.

## Program Duration & Availability

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**Min duration (weeks):** 3

## Aims & Objectives

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To show the best Bali has to offer through fun and varied activities.

# Schedule

## Week 1: Orientation

### Day 1: Monday

On Monday, you will start your program with an early morning breakfast and then get an introduction about the Bali's traditions and culture. This would include a walking tour on the popular Monkey Street and Ubud market through which you will be able to learn a lot about the locals and their culture just by observing them. After lunch you will have a proper introduction about Balinese culture. This would support you later on throughout your program as you will learn about the lifestyle of the people and how they interact. Later, you will have dinner early as a traditional Balinese dance show awaits you which would be the last segment of your first day's program.

### Day 2: Tuesday

On Tuesday, after breakfast, you will have a language class. This class will come in handy especially when you are communicating with the local people. In fact, learning the basics of another language will get you closer to the culture. After you complete the language lessons, and after lunch, you will get to go on a three to four hour long walking tour amidst the rice terraces. This is amazing an experience as you would get a chance to experience nature.

### Day 3: Wednesday

On Wednesday, after breakfast, you will able to strengthen your language skills by attending the language class. After the lessons and lunch, a Batik painting class will entice you. Once you come back from the painting class, you will be able to enjoy the delicious dinner prepared for you.

### Day 4: Thursday

On Thursday, after having breakfast, you will learn to cook traditional Balinese food in our cooking class. After learning to cook delicious Balinese meals, you will then have lunch and attend a Balinese flower offering class where you will learn to make a flower offering for the Gods.

### Day 5: Friday

After having breakfast, you will leave for the spiritual tour where you will visit the popular Pura Tirta Empul which is also known as the holy water temple where you can enjoy a bath in the holy waters. After the visit and lunch you will attend the project meeting where you can share your thoughts on the program.

## **Day 6: Saturday**

On Saturday you will visit Jatiluwih and the hot springs after breakfast. After your visit, you will have lunch and go to another beautiful location named, Bedugul Lake Bratan. After you have enjoyed the beauty of the surroundings, you will head to the Gitgit Waterfalls. At the end of the visit, you will return to the accommodation, have dinner and call it a day!

## **Day 7: Sunday**

On Sunday, after breakfast, you can enjoy a massage to relax and untie the knots in your tired muscles and spend the rest of the entire day at leisure.

## **Week 2: Cultural Immersion**

### **Day 8-12: Monday to Friday**

Since this is the cultural immersion week, you will be contributing in one of the community projects and thus get an in depth understanding of Balinese culture. Every morning, after breakfast, you will start preparing lessons as you would be teaching a local school. After lunch, you would go to the allocated local school and spend time with the children, teaching them basic communication in English. In total you'll be contributing about 4 hours of your time per day in this activity. However, this may change depending on the school's needs. In order to make teaching more interesting, you can come up with your own creative methods.

### **Day 13-14: Saturday to Sunday**

These two days would be free for you to relax or to explore the surroundings even a bit more.

**\*\*\*There is the alternative of choosing another program if you wish to. The alternatives available are our environmental, healthcare or kindergarten projects.\*\*\***

## **Week 3: Adventure**

### **Day 15: Monday**

Welcome to the week of adventure! On Monday, you will go on a cycling tour to visit the volcanic area of Kintamani, where you can enjoy the gorgeous landscapes of the Batur Mountain and spice plantations. Afterwards, we'll set off to explore the rice fields by bike. Breakfast and lunch will happen during the tour.

### **Day 16: Tuesday**

You will start your day with breakfast and thereafter leave on a tour to Southern Bali, visiting Jimbaran Beach and the Turtle conservation site in Sanur. After the visit and lunch you can spend the rest of day at leisure.



Day 17: Wednesday

Wednesday would be even more exciting as you will be rafting at Ayung River after breakfast. You will have lunch the break you get in between. You will then return to the accommodation for the farewell dinner.

Day 18: Thursday

On Thursday, you will wake up before dawn and trek up the volcano to see the sunrise and have breakfast there. Then you come back for lunch and relax for the rest of the day.

Day 19: Friday

On Friday, after breakfast you can enjoy a Balinese massage. You will be able to spend rest of the day at leisure.

This schedule can be changed and/or amended depending on weather conditions, local conditions and unforeseen circumstances.

Starting Dates

During 2019

|          |          |          |          |          |          |          |
|----------|----------|----------|----------|----------|----------|----------|
| Jan 7th  | Jan 14th | Feb 4th  | Feb 18th | Mar 4th  | Mar 18th | Apr 1st  |
| Apr 15th | May 6th  | May 20th | Jun 3rd  | Jun 17th | Jul 1st  | Jul 15th |
| Aug 5th  | Aug 19th | Sep 2nd  | Sep 16th | Oct 7th  | Oct 21st | Nov 4th  |
| Nov 18th | Dec 2nd  | Dec 16th |          |          |          |          |

## During 2020

|          |          |          |          |          |          |          |
|----------|----------|----------|----------|----------|----------|----------|
| Jan 6th  | Jan 20th | Feb 3rd  | Feb 17th | Mar 2nd  | Mar 16th | Apr 6th  |
| Apr 20th | May 4th  | May 18th | Jun 1st  | Jun 15th | Jul 6th  | Jul 20th |
| Aug 3rd  | Aug 17th | Sep 7th  | Sep 21st | Oct 5th  | Oct 19th | Nov 2nd  |
| Nov 16th | Dec 7th  | Dec 21st |          |          |          |          |

## Participant Criteria & Requirements

|                                |           |
|--------------------------------|-----------|
| <b>Minimum age:</b>            | 18        |
| <b>Maximum age:</b>            | -         |
| <b>Minimum English level:</b>  | Basic     |
| <b>CRB required:</b>           | On Signup |
| <b>Passport copy required:</b> | On Signup |
| <b>Resume copy required:</b>   | No        |
| <b>Required qualification:</b> | None      |

## Additional Requirements

Due to the length and active nature of this program, a decent level of fitness is required.

## Additional Equipment

- Trekking shoes