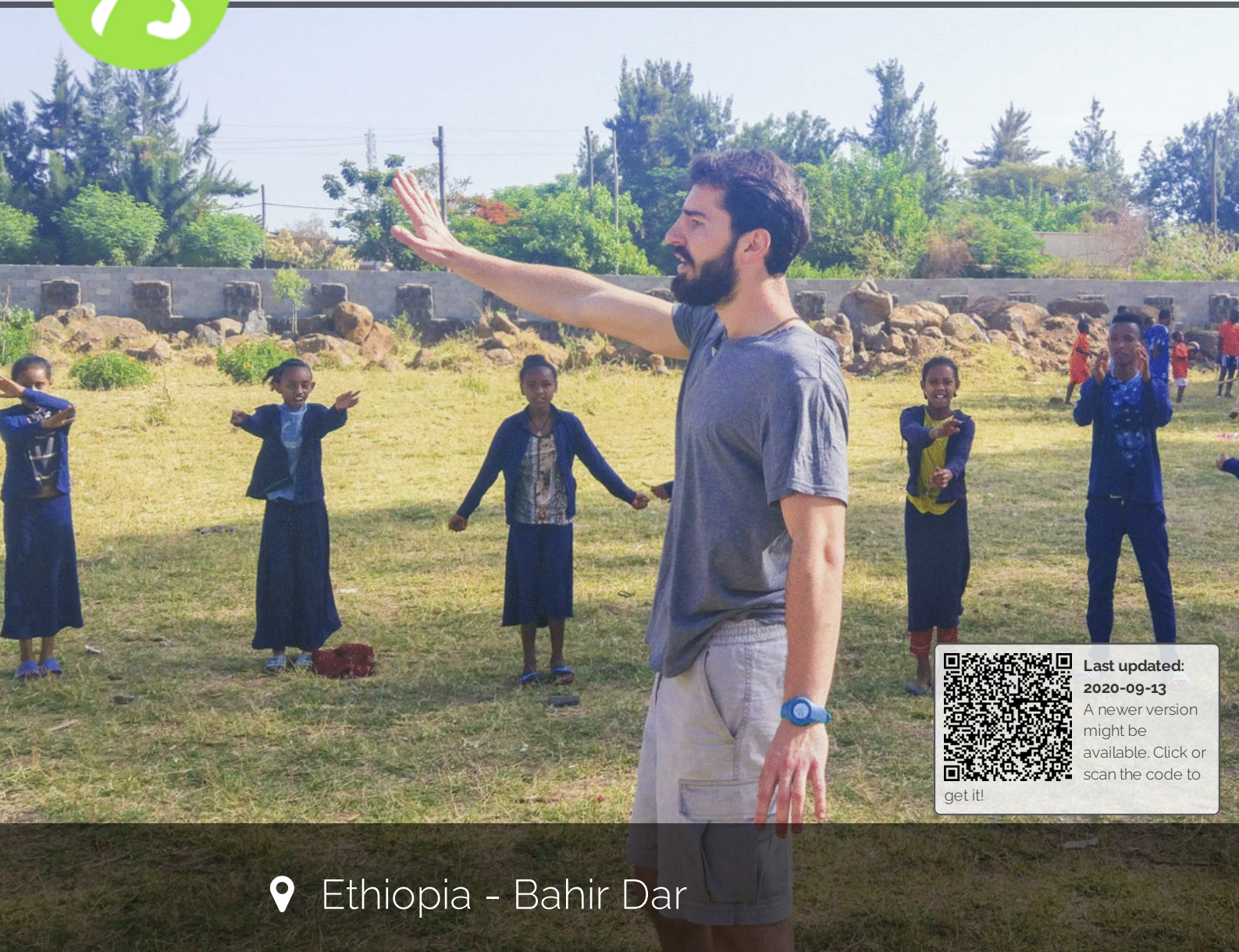




# Sports Coaching



Last updated:  
**2020-09-13**  
A newer version  
might be  
available. Click or  
scan the code to  
get it!

📍 Ethiopia - Bahir Dar

Soak up the magic of Ethiopia and give back to the host community's youth, whilst building a global community in facing the challenges of tomorrow.

Sports cuts all boundaries and is a reminder of the human spirit within all of us. As most Ethiopian students will refrain from higher studies, deeming their future has bleak already, promoting such skills may be life-changing for them.

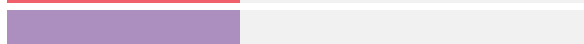
Culture



Learning



Leisure



Community Engagement



Physical Demand



## Program Description

Ethiopia has gone through much turbulence, civil unrest, and famine & recently acquired a new political structure. Sports can transform the citizens of tomorrow, building a global community to face the challenges coming our way and towards a better future for all. There is a great need for Ethiopian youth to sustain an attitude of pride in their rich and vibrant culture, heritage, and tradition. In this program, we provide the opportunity for participants to instil a sense of pride and self-confidence in these youngsters through sports.

The main objective of this program is being part of a transformation for children from marginalized families, and giving these children a chance to develop a positive mindset in all walks of life using sports as a tool.

The school comprises of a Kindergarten, as well as a primary school with students from Grade 1 to Grade 8. Sports gives the children a chance to play their favourite game and simultaneously pick up on teamwork towards similar group objectives.

Participants should be reasonably fit to be as effective as a coach. There is a dearth of resources for the youth in the school, as well as a lack of an effective sports structure. We intend to be at the forefront of developing such a structure. Our renovation & construction efforts will focus on adding more infrastructure that enables more sporting alternatives. There is definitely latent talent in the team-based sports we offer, including badminton, hockey and volleyball. In addition, we intend to add momentum in track & field options for the kids.

Children can also be taught new games, and huge strides can be made in increasing the awareness of a more comprehensive sports culture, that is predominantly soccer oriented. The honing of attitude in acquiring a skill, hard work, team building and the critical necessity of having an inbuilt sense of a positive attitude is the need of the hour. We are sure that we can kick start a sporting tradition in the school to gradually evolve to the level wherein the school is known as one of the leading sporting teams in Bahir Dar. Our sports program has no distinction in gender, and we welcome all the girls and boys to be a part of any sports program running at that particular time.

## Program Duration & Availability

**Min duration (weeks):** 1

## Aims & Objectives

The aim of this program is to provide assistance, training and encouragement for students who are disadvantaged yet motivated to learn and engage in a sport. In addition to promoting physical health, sports teach young people important skills, including teamwork, resilience, improvisation, and the will to succeed.

## Schedule

### Monday to Friday

Participants are required to be passionate about their choice of sport, or sports, and have a strong foothold of the basics of the chosen sport(s). Harnessing sporting skills that can shape the basic building blocks of attitude in the youth of today.

Participants will have to face minimal resources available compared to their home countries. Adequate skills include the basics of the game, such as dribbling, setting the pieces, passing, scoring points, competition strategy etc. Patience is required though with regards to discipline & hard work that can be expected from the youth in the host community, especially at the beginning of the project.

Participants have an important role in the Sports Coaching Program to foster positivity in youngsters with regards to their attitude & perceptions of the future.

The daily schedule is as follows as the school has 2 sessions:

- Morning session = 6 am to 8 am
- Evening session = 4.30 pm to 6.30 pm

Between these times, participants are expected to prepare their next session.

**This schedule can be changed and/or amended depending on weather conditions, local conditions and unforeseen circumstances.**

## Starting Dates

### During 2020

This program starts every week.

### During 2021

This program starts every week.

## Participant Criteria & Requirements

<b>Minimum age:</b>	-
<b>Maximum age:</b>	-
<b>Minimum English level:</b>	Advanced
<b>CRB required:</b>	On Signup
<b>Passport copy required:</b>	On Signup
<b>Resume copy required:</b>	No
<b>Required qualification:</b>	None

### Additional Requirements

- Yellow fever vaccination is mandatory for all participants arriving in Ethiopia.
- Due to the active nature of this program, a decent level of fitness is required.
- Participants below the age of 18 should have parental consent.
- Participants above the age of 65 should have medical clearance.



## Additional Equipment

### Dress Code

- Cover up as much as possible in the spirit of the local culture to avoid embarrassment.
- Your clothes must not be too short, too tight or too revealing. Kindly make sure your shoulders and legs are covered.
- Dress professionally since you will be working in a professional environment while teaching the children.
- It is completely fine to wear western clothes as long as they fit the local standards
- Be thoughtful of the graphics, symbols or text printed on your clothing and avoid wearing clothing styles that might be inappropriate
- Be thoughtful to poor communities by not displaying expensive items and clothes
- Wearing local clothes could help you build a good working relationship with the community