



Hua Hin

**Thailand** 

Located just 280 kilometers southwest of Bangkok,
Hua Hin is one of Thailand's most popular beach
destinations for locals and Expats alike. It is
convenient and ever developing because it is
where the city meets the sea. Here you will find
scrumptious seafood, lively markets, neversleeping bars, long beaches, and palm treedecorated landscapes which have turned this
former fishing enclave into a what is now a bustling
town, brimming with anything and everything a
visitor, tourist, or traveler could ever want!

	dard Room
	Hua Hin-Standard Room Hua Hin-Private Room Hua Hin-Comfort Room
📛 All meals included	Yes (1) Yes (1)
□ Free beverages	Yes (2) Yes (2) Yes (2)
Persons per room	4 1-4 1-2
Twifi in public areas	Yes Yes Yes
Taundry facilities	Yes (3) Yes (3) Yes (3)
■ Safety box	Yes Yes Yes
🔩 Lockable rooms	Yes (4) Yes (4)
★ Hot shower	Yes Yes Yes
Private bathroom	Yes Yes Yes
❖ Western toilet	Yes Yes Yes
C Bed linen	Yes Yes Yes
Towels	No No Yes
Mosquito protection	Yes Yes Yes
<b>≋</b> Fan	Yes Yes No
Air conditioning	Yes (5) Yes Yes

- (1) 3 meals on weekdays, 2 on weekends
- (2) Water, coffee, tea at the accommodation
- (3) You can handwash for free, or PAY to use on-site machines or to take it to the local laundrette
- (4) Bring your own padlock (a slim one, so it fits through the zipper)
- (5) Air con will be available from 20:00-08:00
- (6) At extra cost



#### **Accommodation & Food**

#### **About the Accommodation**

Our center is located in the hilly countryside of Prachuap Khiri Khan province amidst green surroundings. The accommodation consists of spacious rooms. There is a common area with a refrigerator, hammocks and a large communal swimming pool for you to chill.

### **Food Arrangements**

All the meals served inside the accommodation are homestyle, vegetarian-friendly and you can expect that they will be typically Thai, including plenty of rice or noodle dishes with vegetables and occasionally some meat will be provided as well, along with seasonal fruits for dessert.

While we do our best to accommodate our participants, what we provide for most meals is local cuisine. If you are a picky eater, have dietary restrictions, or if you think that you will not be satisfied with the local dishes provided, you might want to consider supplementing our menu with your own western type foods and snacks that are more to your liking. From our accommodation and you can use our bikes to ride to a few convenience stores nearby.

Please keep in mind that refrigerator space is limited and to prevent insect infestation open food items are not allowed in the rooms.

# **Facilities**

Most of your day will be spent in Hua Hin city center, where all amenities can be found.

## **Mandatory Orientation Day**

On the Monday of your first week at this location, you will join our orientation day, to familiarize you with the surroundings as well as local culture. Your program will continue as usual from Tuesday onward throughout the rest of the week.

#### Schedule

- Introduction meeting, House rules, Setting Expectations, Health and Safety Advice and handling of documents.
- Thai Do's and Don'ts, Thai Culture Lessons and Thai Language Lessons.
- Tour around the compound and local area where to find local shops, and arrange a simcard if necessary.
- Visit a famous Bhuddist temple nearby
- Lunch
- Visit the beach

### **Activities & Events**

#### **Tuesday Evening**

You will go to the night market in Hua Hin city. Try some of the delicious local food that is freshly cooked and instantly served to you. Taste a variety of inexpensive street food.

### **Wednesday Evening**

You will go to the night market in Hua Hin city. Try some of the delicious local food that is freshly cooked and instantly served to you. Taste a variety of inexpensive street food.

#### **Friday Evening**

You will go to the Cicada Market, a colorful night market offering freshly cooked food from different shopkeepers. Look around the many art exhibitions, see the local handmade products and souvenirs which are very attractive and listen to live music featuring local artists.

# **Sights & Surroundings**

Hua Hin is a lively fisherman-town and popular tourist destination, and it has a lot to offer besides just sunbathing, snorkeling and swimming at its golden beaches. Not only are there plenty of seafood restaurants and other eateries to choose from, but visitors can also enjoy golf, spas, shops, markets (including a popular night market), and Hua Hin's Vana Nava water park.

You might also consider visiting Khao Tekiab, a mountain at the end of the beach with a temple atop that overlooks the beach.

Hua Hin is also surrounded by beautiful national parks and you might decide to go slightly further afield to explore the likes of the Pa La-U Waterfall, located 60 km west of Hua Hin in the south side of the Kaeng Krachan National Park. Alternatively, 45 km to the south of Hua Hin is the mystical Phraya Nakhon cave for the more adventurous!