Experience rural Kenya in a unique way: Assist on local farms and learn how they practice sustainable farming through traditional and even hydroponic methods.

Yenya - Gatanga Village

Work alongside local farmers in the Kenyan countryside! Tasks may include work on avocado, mango, macadamia, coffee and tea farms. You may also help out with livestock such as: cows, goats, pigs and poultry. Learn about soil-less farming and other methods. Experience the truly authentic Kenya!

Culture

Learning

Leisure

Community Engagement

Physical Demand

# **Program Description**

Agriculture is the main economic backbone of Kenya, as well as the primary source of income for basic households in many parts of the country. As many areas throughout the country are struggling with issues of food security, this is a great opportunity to try new and tried and true methods of farming to tackle these issues. When you join this program you will assist local farmers who are not only trying to feed their own families and make a living, but those who are trying to share the knowledge they have attained to keep the farming culture alive and thriving.

Gatanga is one of those places, and local villagers spend their lives harvesting fruits, vegetables and coffee, as well as taking care of their livestock.

In this program, you'll get the chance to experience the authentic countryside of Kenya by living amongst locals and helping out the villagers on their farms.

Your tasks may include:

- Cutting and cleaning up the grass areas around the farm
- Planting, weeding, watering, picking fruits
- Helping take care of the livestock
- Addressing various community needs
- Learning about the use of nutrient rich water for soil-less farming (hydroponic farming)

Working up close with local farmers will not only teach you new skills, but will also allow you to get authentically immersed in a new culture and lifestyle.

# **Program Duration & Availability**

Min duration (weeks): 1

### **Aims & Objectives**

- Experience local Kenyan agricultural practices
- Assist the local farming community by providing extra hands and effort
- Cultural immersion and engagement with the local community

## **Schedule**

#### **Monday to Friday**

You can expect to spend four to five to six hours per day on the farm, with a lunch break in between these hours. The tasks you will engage in depend largely upon the season and the priority needs at that time. Tasks will vary based upon your own knowledge, skill and ability to carry out tasks independently. The day could look like:

- Breakfast
- Helping on the farm/plantation
- Lunch
- Helping on the farm/plantation
- Dinner

This schedule can be changed and/or amended depending on weather conditions, local conditions and unforeseen circumstances.

Bear in mind that some farmers may choose to take the day off on public holidays.

# **Starting Dates**

#### During 2019

This program starts every week.

### During 2020

This program starts every week.

## **Participant Criteria & Requirements**

Minimum age:

Maximum age:

Minimum English level: Basic

**CRB required:** On Signup

Passport copy required:NoResume copy required:NoRequired qualification:None

### **Additional Requirements**

There are no further requirements.

# **Additional Equipment**

- Modest clothing (long sleeves and long pants offer the best protection when working outdoors, at the minimum- clothing should cover knees and shoulders)
- Please bring work gloves, work shoes or boots, water bottle, hat and sun protection.