



Culture Week



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2020-07-28
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📍 Kenya - Gatanga Village

Learn about Kenyan culture, try your hand at preparing local dishes, practice Swahili, meet village locals and discover wonderful natural surroundings!

Through visits to local attractions, interactions with the villagers and our cultural training sessions such as basic Swahili and cooking classes, you will start experiencing Kenya as it should be! It's a great way to get acquainted with your new surroundings and gain a true appreciation for this amazing country.

Culture



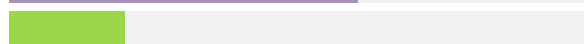
Learning



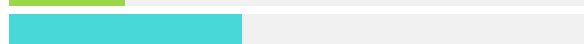
Leisure



Community Engagement



Physical Demand



Program Description

Our culture week offers you the chance to learn more about Kenyan culture, lifestyle and history. You'll also discover the best sights around the area as well as get to know your surroundings.

In a nutshell, it is the best way to get acquainted with your new surroundings and get ready for your stay in this untouched region of Eastern Africa. During the week, you will be introduced to the Kenyan culture first hand through:

- Cooking and language lessons
- Sightseeing around your new home
- Visits to the Elephant Center and the Giraffe Center
- Our countless interactions with locals

In this way, you will get the opportunity to better understand Kenyan life, culture and begin to feel at home in your new surroundings.

Program Duration & Availability

Min duration (weeks): 1

Aims & Objectives

- Help you get familiar with your local Kenyan surroundings
- Teach you helpful phrases in Swahili
- Broaden your knowledge of the local customs, history and culture
- Provide a full induction, preparing you for a longer stay!

Schedule

Monday

- Breakfast
- Introduction meeting, House rules, Setting Expectations, Health and Safety Advice and handling of documents.
- Kenyan Do's and Don'ts, Culture introduction and country history and Swahili Language Lessons.
- Tour around the compound and local area; where to find local shops, and arrange a sim-card if necessary.
- Lunch
- Pass by local Coffee Factory
- Hike to local Waterfall (weather permitting) or get SIM card in Thika
- Dinner

Tuesday

- Breakfast
- Visit Blue Post where you will see a local waterfall and gallery of local artisans
- Coffee Farming: Educational Overview, Farm Visit, Tasting Session
- Lunch in Thika
- Visit Thika city center (supermarket, Bank, ATM, local market, post office, bus station)
- Dinner

Wednesday

- Breakfast
- Elephant Rescue Center
- Visit Giraffe Center
- Lunch
- Visit Bomas of Kenya
- Dinner

Thursday

- Breakfast
- Visit a local tea farm and see/assist with the daily activities
- Lunch
- Creative Activity (make your own mat or souvenir bracelet)
- Cooking class
- Dinner

Friday

- Breakfast
- Visit Ndakaini Dam, a man-made dam and the location of a famous local half marathon
- Lunch
- Creative Activity: Work your own bracelet or mat; or Help out in our garden; or Free time
- Get an introduction to your upcoming program;.
- Dinner

This schedule can be changed and/or amended depending on weather conditions, local conditions and unforeseen circumstances.

Starting Dates

During 2019

This program starts every week.

During 2020

This program starts every week.

Participant Criteria & Requirements

Minimum age:	-
Maximum age:	-
Minimum English level:	Basic
CRB required:	On Signup
Passport copy required:	No
Resume copy required:	No
Required qualification:	None

Additional Requirements

There are no further requirements.

Additional Equipment

No additional equipment needed.