



# 💡 Thailand - Hua Hin

Check out Hua Hin, where you will get a taste of Buddhism, help conserve the natural surroundings and of course, spend lots of time relaxing at the beach!

There is much to do in the seaside city of Hua Hin. Engage in fun activities taking you to several temples where you will help monks and learn about Buddhism. You will also engage in beach conservation activities, visit local markets and other cultural sites. Afternoons are free for you to explore the city and relax at the beach.



# **Program Description**

Our program includes a mix of engaging leisure activities and providing aid to projects in order to give back to the Thai community. Based in the seaside town of Hua Hin, you will also get free time in the afternoons to fully enjoy the gorgeous beach surroundings.

### **Cultural Excursions**

The Hua Hin Beach Combi is filled with cultural activities that will show you authentic Thailand. Buddhism will play a big part with several visits to Buddhist temples (*'Wat'* in Thai) to learn about Thai Buddhism and to assist the monks with their daily chores. Moreover, there are also visits scheduled to several local markets where you can witness the local Thai lifestyle and taste scrumptious food, delicacies and other products.

### **Beach Conservation (Environmental)**

Everybody enjoys the beautiful and tropical beaches that Thailand has to offer. Local people will educate you about the flora and fauna surrounding the beaches in Hua Hin, and what the people undertake to protect and conserve them. You will be expected to play your part in helping with the conservation of Hua Hin's natural surroundings.

### Beach

Every day, we will take you to a different beach where you will be able to sit back, relax and unwind amidst white sand and crystal-clear blue waters.

# **Program Duration & Availability**

1

Min duration (weeks):

# **Aims & Objectives**

- Take part in projects and experiences in Hua Hin while combining help with leisure
- Broaden your knowledge of the local customs, history and culture

## Schedule

### Sunday

- If this is your first week, you will be transferred directly from Bangkok to Hua Hin upon arrival. Depending on your previous week's program, you will be transferred to Hua Hin after brunch
- Dinner at Hua Hin center

#### Monday

- Breakfast
- Visit a famous Bhuddist temple nearby
- Transfer to Hua Hin city (beach) where you can have lunch
- Free afternoon at Hua Hin Beach
- Dinner

### Tuesday

- Breakfast
- Temple Cleaning Nicothaaraun Temple
- Excursion to the Artist Village
- Explore Khao Tao Temple
- Lunch
- Free time at Sai Noi Beach
- Transfer back to the center
- Dinner

### Wednesday

- Breakfast
- Hin Lek Fai Viewpoint
- Explore Khao Takiab Temple
- Lunch
- Free time at Sea Pine Beach
- Dinner at the resort

### Thursday

- Breakfast
- Excursion to Pranburi Forest Park, famous for its mangrove plantations, where we will clean the beach
- Lunch
- Free time at Pranburi Beach
- Transfer back to our center
- Dinner

#### Friday

- Breakfast
- Teaching at a local school
- Lunch
- Free time at beach of your choice
- Dinner

#### Saturday

- Breakfast
- If this is your last week, you will be transferred to Hua Hin bus station after breakfast. If you have further programs north of Hua Hin you will be transferred to that program via Singburi. If programs are in Hua Hin or the South you will stay at the accommodation until that starting time.

This schedule can be changed and/or amended depending on weather conditions, local conditions and unforeseen circumstances.

## **Starting Dates**

#### During 2019

This program starts every week.

#### During 2020

This program starts every week.

## **Participant Criteria & Requirements**

Minimum age:	-
Maximum age:	-
Minimum English level:	Basic
CRB required:	On Signup
Passport copy required:	No
Resume copy required:	No
Required qualification:	None

#### **Additional Requirements**

There are no further requirements for this program.

## **Additional Equipment**

• Modest clothing (covering the legs and shoulders) is required for your time at the temples