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📍 Malawi - Mangochi

Learn all about Malawi's culture, local food, customs, do's and don'ts and be engaged as you get to know the people around you!

Enjoy your cultural immersion, as you learn everything needed to prepare for your stay. Learn how to cook a few of Malawi's popular dishes and how to make your own Malawian tribal bracelet! Through fun visits to local sights and walks around the city center, you will get to bond with the locals and learn why Malawi is called "The Warm Heart of Africa".



Program Description

Learning about the culture and lifestyle is one of the most important aspects of travelling. Knowing how to interact with locals, understanding the do's and don'ts will help you fully appreciate your new surroundings.

Our Malawi Culture week aims to prepare you well for this!

During the program, you will learn all the basics of Malawi's local culture and history, explore the location and new surroundings, learn how to cook Malawian food, take part in the sightseeing, and more. It goes without saying that you will also get the chance to meet other participants like yourself and make new friends!

By the end of this program we believe you will have more respect and confidence as a guest of Malawi.

Program Duration & Availability

Min duration (weeks): 1

Max duration (weeks): 1

Aims & Objectives

- Increase your knowledge of local customs, food and history
- Prepare you for a longer stay in Malawi
- Teach you helpful phrases and basic language elements to assist your interactions

Schedule

Monday

- Breakfast
- Introduction meeting, House rules, Setting Expectations, Health and Safety Advice and handling of documents.
- Malawian Do's and Don'ts, Culture introduction and country history and Chewa Language Lessons.
- Tour around the compound and local area; where to find local shops, and arrange a sim-card if necessary.
- Lunch
- Visit to a local market in Mangochi.
- Visit to the river in Mangochi.

Tuesday

- Breakfast
- Visit Mangochi town, museum and monuments
- Lunch outside
- Visit the cultural village
- Dinner

Wednesday

- Breakfast
- Visit Lake Malawi's national park and the option to go swimming
- Lunch outside
- Relaxing beside the beach
- Back to center
- Cooking class
- Dinner with food from the cooking class!

Thursday

- Breakfast
- Visit Liwonde National park
- Lunch outside
- More sightseeing around the national park
- Back to center
- Dinner

Friday

- Breakfast
- Bracelet handicraft lesson
- Lunch
- Team meeting regarding your placements, a visit to the ongoing programs.
- Evaluation for the week
- Dinner

This schedule can be changed and/or amended depending on weather conditions, local conditions and unforeseen circumstances.

Starting Dates

During 2019

This program starts every week.

During 2020

This program starts every week.

Participant Criteria & Requirements

Minimum age:	-
Maximum age:	-
Minimum English level:	Basic
CRB required:	On Signup
Passport copy required:	No
Resume copy required:	No
Required qualification:	None

Additional Requirements

There are no further requirements for this program.

Additional Equipment

No specific equipment required for this program.