

Assist in the healthcare of villagers in one of the most rural areas of Palawan. Get work experience while immersing in a new culture and world!

Participants with a medical background who would like to gain more experience in rural healthcare practices will have the chance to exchange medical knowledge with local doctors and nurses. Each day is a new challenge to provide healthcare to the local people with very basic equipment and supplies!

Culture

Learning

Leisure

Community Engagement

Physical Demand

## **Program Description**

There are many people living in the rural areas far away from the big hospitals in the cities. In the rural areas of the Philippines people go to the local healthcare centres for their health care treatments.

Participants with a medical background who can lend a helping hand are more than welcome and greatly appreciated. Furthermore, there are also small hospitals located in the district's centre where villagers can go for health check-ups and treatments when they are sick. Our participants are also more than welcome in these places.

You will be working in a small hospital and/or local health care center depending on the schedules of the clinics. This project is all about exchanging work/medical experience with local doctors and nurses and gaining new skills. You will be working alongside a local doctor and/or nurse to assist them in their daily operations. Moreover, you will arrange and join healthcare campaigns for children at local schools to increase their health awareness.

Activities that you could join depending on the need during your stay:

- Working in hospital/healthcare center or in school
- Shadowing, observing and assisting in a village healthcare clinic.
- Shadowing, observing and assisting in a local hospital
- Feeding malnourished children
- Providing health care lessons in local schools
- Medical knowledge exchange with local doctors
- Visiting the old and sick local people inside the villages.

\*\*\*Please be advised that even though the digital copy is being submitted, all participants should also bring a hard copy of their CV/Resume and Criminal Background Check with them, to be presented to their placement when they arrive.\*\*\*

### **Program Duration & Availability**

Min duration (weeks): 1

## **Aims & Objectives**

- Tend to the healthcare needs of the rural community of Palawano
- Gain insight into a rural healthcare centre.
- Provides you with practical work experience in the medical field
- Improve the health awareness of local school children.

#### **Schedule**

### **Monday to Friday**

- Breakfast
- Working in hospital/healthcare center or in school
- Lunch
- Working in hospital/healthcare center or in school.
- Dinner

This schedule can be changed and/or amended depending on weather conditions, local conditions and unforeseen circumstances.

# **Starting Dates**

#### During 2019

This program starts every week.

## During 2020

This program starts every week.

## **Participant Criteria & Requirements**

Minimum age: 18
Maximum age: -

Minimum English level: Basic

**CRB required:** On Signup

Passport copy required: No

**Resume copy required:** On Arrival

**Required qualification:** Medical Background

#### **Additional Requirements**

• Medical education or related work experience. Doctors, nurses, therapists and medical students are welcome.

## **Additional Equipment**

• Your own scrubs