

If you are a qualified medical practitioner or a person looking for a career in medicine, this is the program you need to choose in this amazing location!

Under this program, you will either be able to contribute to the development of health care in Lombok by working as a professional or teach basic first-aid, and methods to maintain personal hygiene to the locals.



### **Program Description**

Our medical initiative is in its infancy and requires the skills of both established medical and healthcare professionals and those interested in teaching basic first aid and hygiene. This need for having participants on either end of the medical spectrum arises due to the great extremes in hygiene and health practices.

Apart from needing qualified professionals in order to conduct health camps and dental check-ups, we also need participants who can educate people in the areas of basic first aid and personal hygiene. This works towards the prevention of many avoidable health problems and easily communicable diseases.

It might not seem much at first, but for those with an interest in teaching simple hygiene, you are able to play an immediate and future role. Personal hygiene is quite often not common practise with the children you will meet Simple things such as hygiene, washing hands, brushing teeth and basically general cleanliness overall, clothes as well. There are great extremes of hygiene in Bali, This healthcare education project is not to show them the western way, but rather by sharing knowledge and raising awareness of the importance of these issues to prevent and sustain healthcare. We are actively supporting the development of this collaborative initiative beyond teaching the benefits of brushing your teeth, for instance, onto small dental camps and local check-ups. Taking part as a healthcare ambassador you will support our team of other participants and local professionals to educate Balinese families and children.

# **Program Duration & Availability**

Min duration (weeks): 1

## **Aims & Objectives**

The aim and objective is to work towards the prevention of many avoidable health problems and easily communicable diseases.

# **Schedule**

#### **Monday**

Prepare for the activities at the Center and leave to the school after lunch to educate children on healthcare. Once you come back after the first day, you will then attend a meeting where you can share your feedback regarding the project.

### **Tuesday to Thursday**

Prepare the daily activities after breakfast and leave to the allocated schools/ projects after a delicious lunch. Once you go to your project location, you can then engage with the local children in teaching them on first-aid, hygiene and personal care. You can prepare the activities in an attractive manner so that the children would be engaged in the activities easily.

#### **Friday**

Activities as the previous days. In addition, you will attend a meeting to mark the conclusion of your program. If you stay for another week, the activity plan for the upcoming week will be confirmed today, depending on the school's plans and needs.

This schedule can be changed and/or amended depending on weather conditions, local conditions and unforeseen circumstances.

## **Starting Dates**

#### During 2019

This program starts every week.

#### During 2020

This program starts every week.

# **Participant Criteria & Requirements**

Minimum age: -

Maximum age:

Minimum English level: Basic

**CRB required:** On Signup **Passport copy required:** On Signup

**Resume copy required:** No **Required qualification:** None

#### **Additional Requirements**

Participants below 18 are required to provide parental consent letters and participants above 65 should have the medical clearance.

# **Additional Equipment**

No specific equipment required for this program.