



# Beach Week



**Last updated:**  
**2020-07-02**  
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## 📍 Sri Lanka - Ambalangoda

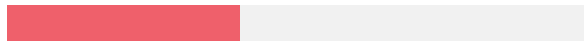
Spend the week relaxing in the seaside and forgetting the rest of the world and the fun activities of this week will be most memorable.

Our beach program is perfect for those who want to take some time off from working on the rest of our programs and just relax and brush the stress away. Surrounded by pristine beaches, you will spend the week worry-free and have enough time to relax, sightsee and even go on a shopping spree.

Culture



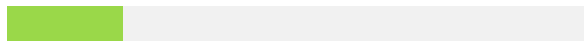
Learning



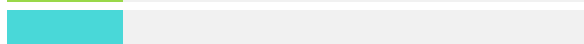
Leisure



Community Engagement



Physical Demand



## Program Description

The beach program is meant for having both a cultural and a relaxing experience. For those who want to enjoy some quiet time and be part of several activities that involve getting to know a deeper level of the Sri Lankan culture. The location is on the beach city of Ambalangoda, south from Colombo and close to the very popular Dutch port of Galle.

Serving as both a cultural and a relaxing experience, for those who want to enjoy some quiet time and be a part of several activities that involve getting to know a deeper level of the Sri Lankan culture. Ambalangoda is located on the South-West Coast of Sri Lanka between Bentota and Hikkaduwa. Still a hidden treasure, when it comes to mainstream tourism this town offers a lot to those who want to experience the "real" Sri Lanka.

White, un-crowded beaches are only a fraction of what Ambalangoda has to offer. As the center of traditional masks and puppet carving, you can see many workshops still specialized in this trade; an art handed down over generations.

## Program Duration & Availability

**Min duration (weeks):** 1

**Max duration (weeks):** 1

## Aims & Objectives

The purpose of this week is to have a series of pre-organized as well as proposed visits through the south coast of Sri Lanka and to relax in the beach.

## Schedule

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### Monday

After breakfast, you will be visiting our Turtle Conservation Project. You can participate in the project by feeding and cleaning the turtles. You can also help the staff to clean the turtle tanks. While working, you will have a lot of fun and good memories with beautiful photographs to take away with you.

After lunch, around 3.30 pm you will be having a special ice cream treat which you will really enjoy with your fellow participants. After that you can choose to relax on the beach or organize fun activities at your interest and our team will happily help you with that.

### Tuesday

After breakfast, we will take you on a River Safari, one of Sri Lanka's most popular tourist attractions. Well-experienced staff will guide you throughout the safari, providing you with necessary safety gear. You will observe Sri Lanka's unique mangrove forests and much indigenous fauna and flora at its closest. You will also have the chance to observe many marine animals such as crocodiles, Asian water monitors and several species of fish along with some species of birds.

After lunch, you will be visiting the two Buddhist temples where South Asia's longest sleeping Buddha Statue and Sri Lanka's largest wooden Buddha Statue is home to.

### Wednesday

Today we will take you to Hikkaduwa, one of the most popular coastal tourist destinations where you can mingle with Sri Lankan culture and traditions and enjoy the day. Relax in the afternoon enjoying a delicious tropical fruit juice on the beach.

### Thursday

After breakfast, we trek to a waterfall where you can swim and spend time admiring the beauty of nature as well as having tea and snacks nearby. A special seafood dinner is organized in a pleasant location away from your usual accommodation.

## Friday

Being last day of Beach Week, will visit the city of Galle, one of the UNESCO world heritage cultural cities as well as one of Sri Lanka's most popular tourist destinations. In Galle, you will visit the Old Dutch Fort and go sightseeing of Colonial style houses and other Dutch architectural buildings. Today you will have your lunch at a sea view restaurant.

After lunch, we head to Unawatuna beach for a relaxing evening.

Transportation to locations will be by Tuk Tuk or a taxi depending on the availability.

**This schedule can be changed and/or amended depending on weather conditions, local conditions and unforeseen circumstances.**

**Please note that we do not recommend participants to go to bars/pubs on the beach. And the local team will not be responsible for any incidents occurring due to the participants' interactions with locals and other tourists in these places.**

## Starting Dates

### During 2019

This program starts every week.

### During 2020

This program starts every week.

## Participant Criteria & Requirements

<b>Minimum age:</b>	-
<b>Maximum age:</b>	-
<b>Minimum English level:</b>	Basic
<b>CRB required:</b>	On Signup
<b>Passport copy required:</b>	On Signup
<b>Resume copy required:</b>	No
<b>Required qualification:</b>	None

## Additional Requirements

- Participants below the age of 18 should have parental consent.
- Participants above the age of 65 should have medical clearance.

## Additional Equipment

There are no specific equipment.