

Culture Week is an action packed week full of exciting adventures, cultural excursions to learn about culture and getting to know locals.

Throughout the week, you will get immersed in the local culture through language lessons, cooking classes, exploring temples, visiting rice fields, soaking yourself in Holy Water at the popular springs and much, much more!

Culture
Learning
Leisure
Community Engagement
Physical Demand

## **Program Description**

During the Culture Week you will be participating in various activities. You will get acquainted with the Balinese culture, study the Balinese language and explore the northern part of Bali-Lovina and its beautiful surrounding areas. You will experience a beach-break in an exotic island. You will also challenge your cooking side in the traditional Balinese cooking class. Finally, you will make a traditional flower offering and offer your creation at one of the impressive Balinese Buddhist temples: Brahma Vihara Temple. In this temple, you will get the opportunity to immerse yourself in the Hindu-Buddhism style and pray for good luck!

## **Program Duration & Availability**

Min duration (weeks): 1

Max duration (weeks): 1

### **Aims & Objectives**

The aim and objective is to introduce to authentic Balinese culture and immerse you into it. By doing so, you will experience the best and the closest you can get to this impressive culture.

### **Schedule**

#### Monday

- Village walking tour to the traditional market and the Centre of Lovina
- Learning about the traditional Balinese culture

### **Tuesday**

- Class to learn the native language
- Class on the traditional flower offering

#### Wednesday

- Continuing the language class to learn more!
- Learning to cook Balinese food

#### **Thursday**

- Visit to the Brahma Vihara Buddhist temple
- Visit to the Holy Hot spring

#### **Friday**

- Project meeting to discuss about the work so far
- Visit a local school in Lovina
- The participants who engage in relaxation programs in the following week will have the afternoon free to explore Lovina on their own.

This schedule can be changed and/or amended depending on weather conditions, local conditions and unforeseen circumstances.

# **Starting Dates**

### During 2019

This program starts every week.

#### During 2020

This program starts every week.

## **Participant Criteria & Requirements**

Minimum age:

Maximum age: -

Minimum English level: Basic

**CRB required:** On Signup **Passport copy required:** On Signup

**Resume copy required:** No **Required qualification:** None

#### **Additional Requirements**

Participants below 18 are required to provide parental consent letters and participants above 65 should have the medical clearance.

# **Additional Equipment**

No specific equipment required for this program.