



Culture Week



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2020-07-02
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📍 Uganda - Kajjansi

Learn about Ugandan food, culture, customs, and immerse yourself in the local surroundings while making friends with the community members!

Get familiar with the things you may prepare you for your stay in Uganda. Learn how to cook Ugandan food and how to make local handicrafts. Wald around the city center! You'll have the chance to immerse yourself in the culture and enjoy visits to main sights and attractions such as the famous Victoria Lake.

Culture



Learning



Leisure



Community Engagement



Physical Demand



Program Description

Learning about the culture and lifestyle of the community you are visiting is one of the most important aspects of travelling. By doing so, you will get a feel for how things flow and how to interact with locals. Being aware of local customs and getting a better chance to fully immerse yourself in your new surroundings will likely make your experience even more enjoyable.

Our culture week sets out to do exactly this!

It is designed to introduce you to the language, the food, the people and the daily flow of life in the community. This week of exploration helps to ease you into a more relaxed pace that is common in Uganda and inspire you to fully engage with the community members you are bound to meet!

Program Duration & Availability

Min duration (weeks): 1

Max duration (weeks): 1

Aims & Objectives

- Help you get familiarized with your new surroundings
- Teach you helpful Luganda and Swahili phrases
- Broaden your knowledge of the local customs, history, and culture of Uganda
- Provide you with a full induction, preparing you for a longer stay

Schedule

Monday

After breakfast, we will have an Introduction meeting, House rules, Setting Expectations, Health and Safety Advice and handling of documents. Followed by Ugandan Do's and Don'ts, Culture introduction and country history and Swahili and Luganda Language Lessons. Then after lunch a walking tour around the compound and local area to familiarize you with where to find local shops, and arrange a sim-card if necessary..

Tuesday

After breakfast, we'll visit the Botanical Garden and the Wildlife Conservation Education Center then have lunch outside at a local restaurant in town. In the afternoon, we will pay a visit to Victoria Lake, where you can relax and enjoy the lovely Ugandan weather and atmosphere or have a leisurely stroll about.

Wednesday

After breakfast, we'll prepare for a day out visiting a local museum, palace, and other significant local sites. In between we will stop for a nice lunch before continuing on our cultural quest. When we return you will have some free time to enjoy before dinner.

Thursday

After breakfast, we will head to meet some of the elders of the local community and then shop at the weekly market to buy the ingredients for our dinner. After enjoying a satisfying lunch, and a bit of free time you will get to work on creating your first traditional Ugandan meal in our cooking class. Do a good job because your efforts will become your dinner, so pay close attention!

Friday

After breakfast, There will be a program discussion, where you can learn about our programs in Uganda and ask any further questions! We will pay a visit to all of our projects in the area so you can get an insight of what we do. After lunch, we will take a Ugandan handicraft-making class.

This schedule can be changed and/or amended depending on weather conditions, local conditions and unforeseen circumstances.

Starting Dates

During 2019

This program starts every week.

During 2020

This program starts every week.

Participant Criteria & Requirements

Minimum age:	-
Maximum age:	-
Minimum English level:	Basic
CRB required:	On Signup
Passport copy required:	No
Resume copy required:	No
Required qualification:	None

Additional Requirements

There are no further requirements for this program.

Additional Equipment

No specific equipment required for this program.