



# Healthcare Education

Hotdog  
onion  
chips  
Water  
Juice  
Egg

broccoli  
pizza  
banana  
corn  
tea  
apple

walnuts  
coconut  
yogurt  
candy  
mirinda  
cola light  
coffee

kiwi  
watermelon  
meat  
Strawberry  
chocolate  
cola  
bread  
Ice cream



Last updated:  
2020-07-02  
A newer version  
might be  
available. Click or  
scan the code to  
get it!

📍 Mongolia - Ulaanbaatar

Come travel into the land of the blue sky and take part in a project designed to provide healthcare awareness and education at various schools.

Come join us to be a part of this project and get involved in teaching children and the local village communities' good hygiene and food habits, importance of keeping their surroundings clean, and also in providing basic health check up along with professional doctors.

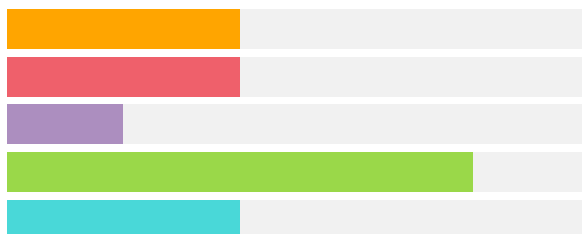
Culture

Learning

Leisure

Community Engagement

Physical Demand



## Program Description

Participants with an interest in educating simple hygiene techniques are welcome to join the newly established healthcare education project. In comparison to the teaching project, our medical initiative is in its infancy, and in view of this, both established medical care professionals and those just with an interest in teaching simple hygiene are of immense value to us. Here we are talking about the importance of simple hygiene, washing hands, brushing teeth and basically general cleanliness overall including clothes. It is not imperative that participants need to have a medical background to join us.

We also run healthcare campaigns in local schools around Ulaanbaatar, actively teaching the importance of basic hygiene. Many of the daily routines that we carry out without thinking are not a common practice with the children you will meet, but starting simple education early can go a long way for immediate and future healthcare. For participants with a medical background, check-up clinics can be held for local children and adults.

## Program Duration & Availability

**Min duration (weeks):** 1

## Aims & Objectives

The aim of this project is to help provide basic health care education in the form of awareness, health campaigns and health checks.

# Schedule

## Week 1

### Monday to Tuesday

Experience exotic and gorgeous Mongolia, learn basic language skills to communicate with local Mongolian people, get to know about their ancient culture, visit the Chinggis Square and National Museum, and walk through ancient bazaars to capture the sounds, light and colors.

### Wednesday to Friday

Starting from Wednesday, you will be engaged in healthcare programs mainly at local schools. A normal day will begin at 09:00 after your breakfast. Then you will proceed to the school or to the community where the project has been planned. The project will be introduced to you by our coordinators. You will then take up each class for about 3 - 4 hours and teach them with the activities planned for that day. Return to our center for lunch and you will have the remaining day to plan for the next day.

Similarly, all the days of the week will have the same schedule, but activities will differ as per your plans and coordinator inputs.

## Week 2 & Onwards

### Monday to Friday

If you choose to continue your second week with us in Mongolia, your typical day will begin at 09:00 wherein you will proceed to the local school to educate children as per the activities planned along with the coordinator. A typical Mongolian lunch will be served at noon, between 12:00 to 13:00. You will then continue on your project until 17:00.

**This schedule can be changed and/or amended depending on weather conditions, local conditions and unforeseen circumstances.**

## Starting Dates

### During 2019

Jan 7th	Feb 4th	Mar 4th	Apr 1st	May 6th	Jun 3rd	Jul 1st
Aug 5th	Sep 2nd	Oct 7th				

### During 2020

Mar 2nd	Mar 9th	Mar 16th	Mar 23rd	Mar 30th	Apr 6th	Apr 13th
Apr 20th	Apr 27th	May 4th	May 11th	May 18th	May 25th	Jun 1st
Jun 8th	Jun 15th	Jun 22nd	Jun 29th	Jul 6th	Jul 13th	Jul 20th
Jul 27th	Aug 3rd	Aug 10th	Aug 17th	Aug 24th	Aug 31st	Sep 7th
Sep 14th	Sep 21st	Sep 28th	Oct 5th	Oct 12th	Oct 19th	Oct 26th

## Participant Criteria & Requirements

<b>Minimum age:</b>	18
<b>Maximum age:</b>	-
<b>Minimum English level:</b>	Basic
<b>CRB required:</b>	On Signup
<b>Passport copy required:</b>	On Signup
<b>Resume copy required:</b>	No
<b>Required qualification:</b>	None

### Additional Requirements

There are no specific additional requirements.

## Additional Equipment

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- Casual dress is appropriate during your time at the school.